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ABSTRACT

Complete procedural outlines for the operation of the Hamilton County (Ohio) interscholastic athletic program are presented. Recommendations for dealing with such eventualities as the energy crisis and wet playing grounds are included. Criteria are set for all-star selection in various school sports, and rules for the award of special recognition to student athletes are established. (LH)

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Hamilton County
Suburban Athletic Association

Constitution, Policy and Regulations

Revised May, 1977

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CONSTITUTION

of the

HAMILTON COUNTY SUBURBAN ATHLETIC ASSCCIATION

Revised, May, 1977

ARTICLE I - NAME

The name of this organization shall be the Hamilton County Suburban Athletic Association.

ARTICLE II - PHILCSCPHY AND CBJECTIVE

PHILCSCPHY

Interscholastic competitive athletics are an integral part of the total educational process and opportunities for such competition shall be provided for both boys and girls of the member school districts of this association.

CBJECTIVE

The objective of this organization shall be to promote clean athletics and good sportsmanship among the school districts composing its membership, and to regulate and supervise all such sports as may be made the basis of interscholastic competition among the member school districts. Until otherwise determined by the Association, such sports shall include baseball, basketball, cross-country, football, golf, gymnastics, soccer, softball, swimming, tennis, track and field, volleyball and wrestling.

ARTICLE III - MEMBERSHIP

1. The school membership shall consist of such school districts in Hamilton County as ratify this constitution and such other school districts as may hereafter be elected to membership. All member school districts must also be members of the Ohio High School Athletic Association and Chio Junior High School Athletic Association.

2. Effective in September 1968, each high school, to retain membership in the Association, must in each year compete in at least five (5) sports sponsored by this Association.

3. Election to or forfeiture of membership shall be determined by a three-fourths vote of all the member school districts at a meeting held upon call issued by the Executive Secretary, in which call due notice of the contemplated action shall be given. In vote taken upon forfeiture, the school district concerned shall not vote nor be counted present, although its representatives shall be entitled to make any statements on its behalf.

4. Probation for an indefinite period may be imposed by a two-thirds vote in a similar manner as provided in the foregoing section, for unsportsmanlike conduct, willful violation of the rules of the association or failure to maintain interscholastic competition in the minimum number of sports as required in Article III, Section 2.

5. Failure to comply within the probation period of time, will result in a member school district's suspension. No member shall maintain athletic relations with a suspended school during the period of suspension.

6. The type and duration of all penalties will be determined in accordance with the nature and extent of the offenses.

ARTICLE IV - COMMITTEES

1. The Board of Control of the Association shall be composed of superintendents and principals of member school districts, the County Superintendent, Assistant County Superintendent, the Executive Secretary and the Assistant Executive Secretary.

2. The County Superintendent and Assistant County Superintendent of schools, shall be ex-officio members of the Association and entitled to participation in all its deliberations, but shall not vote. However, in cases of tie votes, the County Superintendent or Assistant Superintendent may cast a vote.

3. Two advisory councils are hereby established to advise and assist the Executive Secretary in the routine operation of the league. The advisory councils are not policy making groups. The advisory councils shall consist of the County Superintendent, the Assistant County Superintendent, the Executive Secretary, and the Assistant Executive Secretary, as ex-officio members, plus the junior high principals in the Junior High-Middle School Advisory Council and the senior high principals in the Senior High School Advisory Council. Each advisory council shall have its own meetings and agendas. Any item which will affect the entire school system will be put on both agendas.

4. The Senior High Advisory Council shall elect the following officers from the member principals at the last meeting of the year:

Chairperson
Vice-Chairperson

The tenure of these officers shall be for one year. An officer may not succeed themself in that office. In the event the Vice-Chairperson fulfills the unexpired tenure of the Chairperson, such action shall not prevent said Vice-Chairperson from being elected as Chairperson for the following year.

ARTICLE V - OFFICERS

1. The officers of the Association shall be Executive Secretary, Assistant Executive Secretary and Treasurer.

2. The Executive Secretary and Assistant Executive Secretary shall be named by the County Superintendent from the staff of the Hamilton County Office of Education.

3. The Treasurer shall be the Assistant County Superintendent of Schools or a member of the County Office appointed by the Assistant County Superintendent.

4. The County Superintendent or the Assistant Superintendent shall preside at all meetings of the Board of Control.

ARTICLE VI - DUTIES OF OFFICERS

1. It shall be the duty of the Executive Secretary to:
   a. Keep the records of the Association.

   b. Mail the agenda of regular meetings to the Advisory Council members one week before such meeting is held.

   c. Send each school of the Association a written copy of the proceedings of all meetings within one week after the meeting.

   d. Evaluate, hire and assign all officials for all league sponsored sports at the junior high-middle school and senior high school level.

   e. Select and order all trophies.

   f. Receive all reports of infractions of governing rules and regulations of the Association.

g. Determine the administrative procedure for the disposition of all reported or observed infractions of legally accepted procedures.

h. Give written warning to member schools of infraction of rules or questionable procedures when considered to be appropriate to do so.

i. Shall rule on protests or may determine to follow other administrative procedures in any specific case.

j. Set up schedules for all junior high-middle school and senior high school league sponsored sports.

k. Perform managerial duties at league sponsored events.

l. Approve all rescheduled games.

m. Report financial status at each Advisory Council and Board of Control meeting.

n. Develop a budget for the operation of the league office.

2. It shall be the duty of the Assistant Executive Secretary to:
   a. Supervise athletic programs under their direction in accordance with the Constitution and Rules of the Ohio High School Athletic Association and the Constitution and Regulations of the Hamilton County Suburban Athletic Association.

   b. Assist in the development of a budget for the league office.

   c. Evaluate, hire and assign all officials for all league sponsored sports for girls at the junior high-middle school and senior high school level.

   d. Set up schedules for all junior high-middle school and senior high school league sponsored sports for girls.

   e. Approve all rescheduled girls games.

   f. Perform managerial duties at league sponsored girls' events.

   g. Perform such other duties as are inherent with this position and such other duties as assigned by the Executive Secretary.

3. It shall be the duty of the Treasurer to have custody of the funds of the Association, to keep careful and exact accounting thereof, and to make disbursements. All payments shall be made by check, with notation of purpose for which issued. All checks shall be signed by the Treasurer and/or the Executive Secretary.

ARTICLE VII - MEETINGS

1. The Board of Control shall meet twice each year to rule on policy matters of the Association, and to transact any other business that may come before the Association. (recommend November and May)

2. The Junior High-Middle School Principals Advisory Council shall meet in September, November, January, March and April to assist in association activities and to make recommendations to the Board of Control. The Senior High School Principals Advisory Council shall meet monthly from September through May for the same purposes. Special sessions may be called by the Chairman of the Advisory Councils or by written request signed by four member school districts of the Advisory Councils.

3. The Athletic Directors shall meet in August, October, November, February and April for scheduling and to make recommendations to the Advisory Council.

ARTICLE VIII - DUES AND ASSESSMENTS

1. Dues and assessments, when necessary, may be levied by a majority vote of the member school districts.

2. A school withdrawing from the league forfeits all claim to financial refunds.

3. The annual assessment to member school districts shall be on a unit basis. A unit will consist of a single junior and senior high school organization. Any senior high with more than one junior high feeding it will constitute an additional $\frac{1}{2}$ unit for each additional junior high school. The assessment is payable by June 1st of each year.

4. A budget committee of three members will be appointed at the appropriate time of the regular school year from volunteers of the Senior and/or Junior High Advisory Councils. The budget committee will meet with the Executive Secretary before the April meetings of all advisory councils to review the proposed budget and to calculate the unit assessments. The budget will be approved by the advisory councils in April upon the recommendation of the budget committee and to send to the Athletic Board of Control in May for approval.

ARTICLE IX - ELIGIBILITY

1. Eligibility for participation in any of the sports sponsored by the Association shall be determined by the Rules of the Ohio High School Athletic Association except that any school, for the purpose of promoting a higher standard of scholarship, may for itself set a higher standard. This provision, however, is not to be construed as imposing the same special standard upon competing teams.

2. All rules and regulations of the Ohio High School Athletic Association shall be upheld by this Association.

3. Violation of eligibility rules, when alleged, shall upon written statements of the persons making the charges, be investigated and acted upon the Executive Secretary and reported to the Advisory Council.

ARTICLE X - ENACTING CLAUSE

This Constitution shall be in effect and be binding upon all member school districts when ratified by two-thirds of the member school districts.

ARTICLE XI - AMENDMENTS

1. The Executive Secretary shall present the amendment to the Advisory Council for an endorsement or rejection. If the amendment has the endorsement of the Advisory Council, it will be put on the agenda for the Board of Control Meeting. If the amendment is rejected by the Advisory Council, a favorable vote, on the floor of the Board of Control meeting, is required for addition to the agenda.

2. Before any amendment is submitted to the Board of Control for vote, all information concerning such amendment shall be sent to all superintendents, junior and senior high principals and athletic directors of each school district at least two (2) weeks in advance of the scheduled vote.

3. The constitution may be amended at the Board of Control meeting, or by referendum with all member school districts of the Board of Control eligible to vote.

4. The amendment becomes effective upon approval by a two-thirds vote of all member school districts of the Board of Control.

5. Minutes of all meetings held will be sent to all athletic directors, principals and superintendents.

ARTICLE XII - THE VOTE

1. Official actions of the Association shall be by a majority vote of member school districts except as otherwise provided in the Constitution. (Member school districts means (1) vote per school district). Athletic directors and principals shall be entitled to one vote each at all Advisory Council meetings. The Superintendent or his designated representative has the responsibility for the district vote at the Board of Control meeting.

2. To reconsider any action adopted by a simple majority, a three-forths (3/4) vote shall be required.

LEAGUE REGULATIONS

The purpose of the regulations which are found here and in succeeding sections of this manual are:

a. To safeguard the health of the participants in the athletic program.
b. To provide opportunity for the largest possible number to participate.
c. To set standards of sportsmanship which will cultivate friendly relations among schools.
d. To develop interests in physical activities that will serve the participant's present and future leisure time needs.
e. To insure that the results of the activities sponsored are desirable and have educational value.

1. Parents' and doctors' consent forms, properly filled out, shall be kept on file in the athletic director's office before an athlete participates in athletics.

2. No member school games shall be played on Sunday.

3. The winning team is responsible for reporting the results of athletic contests to the newspapers and to the League Office.

4. No senior shall participate in reserve competition. If, after a complete investigation of the situation by the Executive Secretary and at least two athletic directors, it is warranted, in order to complete the reserve football schedule, a limited number of seniors may be permitted to play reserve football. These seniors still must meet requirements of Rule 15, Section 26, OHSAA Constitution and Rules.

5. A minimum of five schools in any sport is necessary to form or conduct an interscholastic schedule.

6. All interscholastic athletic competition shall be on a junior and senior high school level.

7. There shall be no contests (regular or practice) in any sport with organized independent, or college level teams without permission of the State Athletic Association.

8. All All-Star contests must have the permission of the league and the Ohio High School Athletic Association.

9. There shall be a coach or other faculty representative present at all practice sessions and game activities until the practice or game is completed and the students have left the field and/or building.

10. A school desiring to enter an interscholastic sport for the first time, or be reinstated after a lapse of one or more years, shall make application in writing to the Executive Secretary one year in advance of the ending date of the sport season concerned. The Executive Secretary shall act on all applications that are within established policy.

11. A school desiring to withdraw from a sport schedule in varsity, reserve, or junior high competition shall notify the Executive Secretary in writing one year in advance of the ending date of sport season concerned.

12. A school having withdrawn from a particular sport shall be re-admitted upon request as long as there is no published schedule established.

13. A member of a team who is absent from school on the day of a contest must obtain written permission from their principal in order to be eligible to participate that day. (Note: This rule protects both player and coach. If an athlete is too ill to attend school, they are certainly not physically able to play. If, however, the athlete is absent for any other reason, the principal should determine the legality of the absence.)

14. League scheduled events have established starting times. The home team is to delay the starting of an athletic event for fifteen (15) minutes before the contest is called, unless extenuating circumstances caused the delay.

15. All accidents incurred in practice or game activities which are serious enough to be reported for medical attention, shall be reported in writing to the athletic director and the principal of the school.

16. League passes shall be issued annually to superintendents, assistants, junior and senior high school principals, assistant junior and senior high school principals, athletic directors, coaches, cheerleader sponsors and pep club sponsors.

17. Junior and senior high school students unable to show I.D. cards shall be charged adult admission price.

18. Recognized law enforcement officials shall be given specific instructions by the school administrator as to duties both during the contest and after. Failure to protect the game, the teams or the officials constitutes a major violation of the rules. (Rule 4, Section 3 OHSAA Rules).

19. If a school has a pep bus going to a ball game, the school with the pep bus sells the students riding the bus a ticket for admission to the ball game in addition to the pep bus ticket. Then the visiting school will turn over the money from the sale of the game admission tickets to the home school. This will eliminate excessive crowds at the ticket gate because the students can go through the gate and hand in their pre-sale ticket.

20. The home school has the responsibility of having a doctor present at all varsity football games. The doctor shall service both teams unless other arrangements are made.

21. At the junior high-middle school level, once the visiting team has arrived at the game site, it shall be the responsibility and authority of the home school principal (or their representative) to determine whether the game will be altered or cancelled depending on the seriousness in the weather conditions or other emergency situations.

22. Eliminate from the gymnasium any banners or signs which might be offensive or negative in nature to the guests.

CHEERLEADING RECOMMENDATICNS

1. It is recommended that each school adopt the guidelines for cheerleading in the school athletic program as prepared by the girls advisory committee of the CHSAA to be used as the basis of the schools rules and regulations as they pertain to cheerleaders.

2. A pyramid for our purpose shall be defined as a vertical build-up of 3 or more levels involving three or more people which together results in a larger symmetrical whole.
   Recommendation: Pyramids not be allowed

3. Dismounts: somersault dismounts from human base/bases not be allowed.

4. Mini-tramps not be allowed.

5. Travel to Games:
   It is strongly advised that places be reserved for the cheerleaders as passengers on a team or pep/band group bus.

   If in fact the cheerleaders are considered a part of the athletic department and the above cannot be provided the school shall assume responsibility for providing said transportation.

6. Recommendation: Advisor/faculty representative accompany cheerleaders to all athletic contests.

7. Insurance/eligibility
   That cheerleaders names be included on the athletic eligibility certification list thereby covering them with the CHSAA catastrophic insurance.

8. Game Time Ethics
   During time outs and between quarters only one squad will be allowed on the floor at a time.

   The visiting team cheerleaders are given the choice of being first on the floor during a time-out either the first and third quarters, or second and fourth quarters. The home team cheerleaders will be first onto the floor other quarters. The intermission periods between quarters are considered as part of the beginning of the new period.

When a cheerleading squad is not first to cheer during a time-out period, it may use the remaining unused time to go onto the floor to perform a cheer. HOWEVER, IF THE PLAYERS OR THE OFFICIAL RETURNS TO THE FLOOR OR THE WHISTLE OR BUZZER IS SOUNDED, THE SQUAD SHOULD IMMEDIATELY LEAVE THE FLOOR.

9. Advisors Workshop

   Recommend that a Fall workshop be held for league member school cheerleader sponsors.

10. It is recommended that the number of cheerleaders be set at six (6) as per rules of the OHSAA whenever schools are in tournament competition. (In basketball, the number will be six (6) each for varsity and reserve squads).

ENERGY CRISIS RECOMMENDATIONS

1. All athletic events, involving grades seven, eight and nine, between any two league schools are to be considered cancelled if for any reason (lack of heat-weather conditions) either of the schools are closed or will be closing during the day.

2. a. Play the boys and girls varsity contests as scheduled.
   b. If a problem arises regarding a scheduled contest, the league office will resolve the conflict.
   c. The reserve/freshman schedule is to be adjusted as necessary in order to assure varsity level contests be played.

BASEBALL REGULATIONS

OFFICIALS

1. Two registered umpires shall be used for all league varsity games.
2. Umpires will be assigned by the Executive Secretary in cooperation with the Queen City Umpires' Association in accordance with the league schedule.
3. The home team shall notify the Executive Secretary in regard to postponed games, change in schedule, starting time, etc.

SCHEDULED GAMES

1. Games shall be played on scheduled dates if possible.
2. The home team shall play at the visitor's field if home diamond is not playable and opponent's field is available.
3. The home team shall be responsible for calling the visiting team prior to 1:00 p.m. to decide on game site or postponement of the game.
4. The home team shall assume all responsibilities such as contacting the umpires, paying them, furnishing game ball, etc. regardless of where the game is played.
5. If the switch in field sites occurs in the first round of the double round robin schedule, it will not have any effect on the game scheduled in the second round. The second game will be played as originally scheduled.

EQUIPMENT

1. The home team shall furnish all game balls with a minimum of three (3) balls available at game time.
2. The baseballs should be standard and of the best quality available.
3. Bases are to be tied down and in proper position by the home team at least one-half hour (3:30p.m.) prior to game time.
4. Site is responsible for bases, and lining the field.

MAKE-UP GAMES

1. Thursdays shall be left open for make-up games.
2. Games should be rescheduled immediately after a postponement by the Executive Secretary. Games will be played as rescheduled.
3. The league policy will be to protect any team in the tournament from the Sectional through the State finals.

PRE-GAME PREPARATION

1. Prior to 3:20 Home team has field
   3:20 - 3:45 Home team has field
   3:45 - 3:55 Visiting team has field
   3:55 - 4:00 Ground rules discussion
   4:00 Game Begins

2. Any team arriving late forfeits the allotted time but will be permitted 10 minutes infield drill, after loosening up.

CRITERIA FOR BASEBALL ALL-STAR SELECTION

1. Nominating ballots will be sent out by the Executive Secretary one week prior to the last regularly scheduled league game. Each head coach will nominate players from their own team and return the nominating ballot to the league office.

2. All athletes nominated will be compiled into a booklet and sent to each head coach. A coaches meeting, to discuss nominees, will be called on the first Thursday of May at 8:00 p.m.

3. A voting ballot will also be sent to each head coach and they will vote for thirteen (13) players using names from the nominating booklet. A coach MAY NOT vote for any players from their own team. The thirteen positions are:

   (first baseman, second baseman, short-stop, third baseman, three out-fielders, catcher, four pitchers and a designated hitter)

4. The players receiving the highest number of votes by position will constitute the All-Star Team.

5. Any player receiving two (2) votes and not making the All-Star Team will be listed as honorable mention.

6. A separate ballot will be for the purpose of voting for the Coach of the Year.

7. Each voting ballot will be signed by the head coach and returned to the league office for tabulation and release to the news media and each head coach.

8. The voting ballots will remain on file in the league office.

9. Each division will have their own All-Star Team.

BOYS BASKETBALL REGULATIONS

STARTING DATE

There shall be no organized or formal basketball practice for a team for schools prior to the period beginning with the last Friday in October.

All basketball games shall be officiated by officials registered by the Ohio High School Athletic Association.

GAME UNIFORMS

1. The home team shall wear light and the visiting team shall wear a dark uniform.
2. Both teams shall be numbered in accordance with the rules.
3. Teams shall wear matching uniforms with no contrast.

GAME BALL

1. The game ball shall be of a "last built", brown or orange in color and have narrow seams.
2. The official game ball used in all varsity games shall be the Rawlings RLO or the equivalent.

VISITING TEAM ACCOMMODATIONS

1. The home team shall furnish adequate dressing facilities which can be locked and controlled by the visiting team.
2. Chalk and chalkboard shall be made available to the visitors.
3. The home team shall furnish a responsible person to meet the visiting team and direct them to their facilities.
4. At least 15 seats, for the varsity game, shall be reserved for members of the visiting reserve team.

FILMS

Visiting schools may film at all games. The home school shall provide the best facilities they can arrange for this purpose, or a copy may be made from the home film.

TIME INTERVALS

1. Shooting and other practicing by either school is prohibited during intermission periods unless the players involved are participants of the game that is scheduled to be played at that time. EXAMPLE: The varsity may only practice before and at half-time of the varsity game.
2. There shall be a twenty minute period between the reserve and varsity games. The game clock shall be running during this time so that both teams may better plan their warm-ups.
3. The home school shall notify their guests prior to the day of the contest of any special activities to be held between games. It is recommended that the extended time period (between reserve and varsity contests) shall not exceed an additional ten (10) minutes.

FACILITIES

1. Minimum playing floor 42' x 74'.
2. Minimum seating capacity 800.
3. Playing surface shall be wood. Effective November, 1969.

SCORING TABLE

1. The visiting team shall be permitted at least one person at the official scoring table. This person may sit next to the official timer if desired.
2. The official scorer shall be dressed in an identifiable shirt.

BANDS

1. The home team shall be permitted a "pep band". There shall be no playing except during intermission periods.
2. The visitors and others, excluding the "pep band", shall bring no musical instruments, noise makers, bells, whistles, horns, confetti or megaphones.
3. Drill team performances at half-time shall be limited to a maximum of seven (7) minutes. (Performances must be over with at least three (3) minutes left in the half-time).

PROGRAM INFORMATION

All teams shall supply the other league schools which they have games with during the current season the following information at least two weeks before the opening league game:

Players names, numbers, height, weight, age, position, school year, letters won, etc.
The coaching staff and athletic director
The superintendent and principal
Cheerleaders and sponsor
The band director
Pictures, if available, when requested
Complete varsity schedule

RESERVE TEAMS

1. Reserve team members may participate in the varsity game if they participated in the reserve game. Observe four quarter rule.
2. The length of the reserve quarters shall be seven minutes.

CHAMPIONSHIPS (Point System)

The method used to determine the league champions shall be as follows:

Two points for a win

CRITERIA FOR BASKETBALL ALL-STAR SELECTION

1. Nominating ballots will be sent out by the Executive Secretary one week prior to the last league game. Each head coach will nominate players from their own team and return the nominating ballots to the league office by Wednesday following the last league game.

2. All athletes nominated will be compiled into a booklet and sent to each varsity head basketball coach by Monday following the receipt of the nominating ballots.

3. A voting ballot will also be sent to each varsity head basketball coach and they will vote for ten (10) all-stars using names from the nomination booklet. A coach may vote for any players from **their** own team. All ten (10) positions must be filled in.

4. The players receiving the highest number of votes will constitute the All-Star Team.

5. Any player receiving two (2) votes and not making the All-Star team will be listed as honorable mention.

6. The honorary captain will be the top senior vote getter.

7. A separate ballot will be for the purpose of voting for the Coach of the Year.

8. Each voting ballot will be signed by the head coach and returned immediately to the Executive Secretary for tabulation and release to the news media and each head coach.

9. The voting ballots will remain on file in the league office.

10. Each division will have their own All-Star Team.

GIRLS BASKETBALL REGULATIONS

STARTING DATE

There shall be no organized or formal basketball practice for a team other than that allowed under the OHSAA rules (first Friday in Nov.)

All basketball games shall be officiated by officials registered by the Chio High School Athletic Association.

GAME UNIFORM

By the 1978-79 season girls varsity uniforms must meet rule requirements in all respects.

1. The home team shall wear light and the visiting team shall wear a dark uniform.
2. Both teams shall be numbered in accordance with the rules.
3. Team members shall wear matching uniforms with no contrast.

GAME BALL

The game ball shall be furnished by the host school and shall meet specifications as provided for in the National Federation Rulebook.

VISITING TEAM ACCOMMODATIONS

1. The home team shall furnish a responsible person to meet the visiting team and direct them to their facilities.
2. The home team shall furnish a separate showering/dressing facilities which can be locked and controlled by the visiting team.
3. Chalk and chalkboard shall be made available to the visitor.
4. At least 15 seats, for the varsity game, shall be furnished for members of the visiting reserve team.

TIME INTERVALS

1. Shooting and other practicing by either school is prohibited during intermission periods unless the players involved are participants of the game that is scheduled to be played at that time. i.e. the varsity may practice only before and at half-time of the varsity game.
2. There shall be a twenty minute period between the reserve and varsity games. The game clock shall be running during this time so that both teams may better plan their warm-up.

3. The home school shall notify their guests prior to the day of the contest of any special activities to be held between games. It is recommended that the extended time period (between reserve and varsity contests) shall not exceed an additional ten (10) minutes.

FACILITIES

1. Minimum playing floor 42' x 74'.
2. Playing surface shall be wood.
3. Minimum seating capacity 800.

SCORING TABLE

1. The visiting team shall be permitted at least one person at the official scoring table. This person may sit next to the official timer if desired.
2. The official scorer shall be dressed in an identifiable shirt.

BANDS

1. The home team shall be permitted a "pep band". There shall be no playing except during intermission periods.
2. The visitors and others, excluding the "pep band" shall bring no musical instruments, noise makers, bells, whistles, horns, confetti or megaphones.
3. Drill team performances at half-time shall be limited to a maximum of seven (7) minutes. (Performances must be over with at least three (3) minutes left in the half-time.)

PROGRAM INFORMATION

All teams shall supply the other league schools which they have games scheduled with during the current season the following information at least two weeks before the opening league game:

Players name, number, height, weight, age, position, school year, etc.
The coaching staff and athletic director
The superintendent and principal
Cheerleaders and sponsor (if applicable)
The band director
Pictures, if available, when requested
Complete varsity schedule

RESERVE TEAMS

1. Reserve team members may participate in the varsity game if they participated in the reserve game. Observe four quarter rule.
2. The length of the reserve quarters shall be seven (7) minutes.

CHAMPIONSHIP (Point System)

The method used to determine the league champions shall be as follows:

Two points for a win

CRITERIA FOR GIRLS BASKETBALL ALL-STAR SELECTION

1. Nominating ballots will be sent out by the Assistant Executive Secretary one week prior to the last league game. Each head coach will nominate players from their own team and return the nominating ballots to the league office by Wednesday following the last league game.

2. All athletes nominated will be compiled into a booklet and sent to each varsity head basketball coach by Monday following the receipt of the nominating ballots.

3. A voting ballot will also be sent to each varsity head basketball coach and they will vote for ten (10) all-stars using names from the nomination booklet. A coach may vote for any players from their own team. All ten (10) positions must be filled in.

4. The players receiving the highest number of votes will constitute the All-Star team.

5. Any player receiving two (2) votes and not making the All-Star team will be listed as honorable mention.

6. The honorary captain will be the top senior vote getter.

7. A separate ballot will be for the purpose of voting for the Coach of the Year.

8. Each voting ballot will be signed by the head basketball coach and returned immediately to the Assistant Executive Secretary for tabulation and release to the news media and each head basketball coach.

9. The voting ballots will remain on file in the league office.

10. Each division will have their own All-Star team.

CROSS COUNTRY REGULATIONS

1. Number of Runs

   No student will be allowed to participate in more than two cross-country meets per calendar week, including sectional, district and state meets.

2. Pre-Season Training

   At least two weeks of training under the direct control of the coach shall precede the first interscholastic meet. Any type of competition directly involving runners from another school will count as a meet.

3. Distance

   The length of the course in league, sectional, district and state meets will be 2.5 miles.

4. The League Championship

   The league championship shall be determined by a single league meet. The school with the fewest points for the meet will be declared the winner.

5. A minimum of five runners and not more than seven must be entered to qualify in a varsity race. Five must finish for your team score.

6. A minimum of five runners and not more than seven must be entered to qualify in a reserve race. Five must finish for your team score.

7. An open race for all eligible runners, including seniors, who are not competing in the varsity or reserve races, will be run after the varsity and reserve competition. No team score or awards will be kept for this race. Times will be recorded and reported in the meet results.

FOCTBALL REGULATIONS

OFFICIALS

All football games shall be officiated by officials registered by the OHIC HIGH SCHOCL ATHLETIC ASSOCIATICN.

GAME UNIFCRMS

1. The home team shall wear their school colors and the visiting team shall wear white jerseys.
2. New jerseys purchased by schools shall be numbered according to the rules.

GAME BALL

1. The home team shall furnish a new ball for each league game.
2. The official ball used in all league games shall have a four-panel design and a pebbled-grain, tan cowhide or approved composition case. The ball must have two white continucus stripes.
3. If the visiting team chooses to use their own approved football for the league game, it must be a new ball.

VISITING TEAM ACCOMMCDATIONS

The home team shall supply the visiting team with adequate locker room facilities, which can be locked and controlled by the visiting team. The home team shall have a responsible person meet the visiting team bus and escort the team to its locker room.

FILMS

The free exchange of films between league teams is considered ethical. Home teams shall allow the visiting team to film. All teams should be aware of the fact that copies of films can be made which is actually cheaper for both schools.

1. There is mandatory film exchange of the two previous games (unless otherwise agreed upon) between league opponents and the suggested procedure is to work out this exchange using the scouts as film carriers. If a school fails to exchange films on Friday evening, it is that coaches responsibility to have their two films at the opponents school (athletic office) by 9:00a.m. Saturday morning (the next day).

TIME INTERVALS

1. Teams shall vacate the field at 7:45 p.m. Bands shall vacate the field three (3) minutes before the start of the game. In the event that the visiting band has not arrived at 7:45 p.m., the home band may start the show and the visiting bands pre-game performance is cancelled. Bands may not occupy the field between 7:00 and 7:45 p.m.
2. All half-times shall be 15 minutes duration. On special nights the visiting band shall perform during the first five minutes of half-time or whatever is worked out by mutual agreement. All parades of floats shall be held pre-game. The winning floats or units may be shown at half-time. Other than special nights the two bands should share 15 minutes equally.
3. Teams shall be allowed three (3) minutes warm-up before the start of the second half. They may warm-up on the field on normal nights. On special nights, they shall warm-up in the end zone or other provided areas.
4. The half-time performance shall be timed by the field clock as a guide to the participants.

FIELD FACILITIES

1. All fields shall be marked in accordance with the OHSAA requirements.
2. At the start of the contest, similar kinds of communication facilities between the press box and the bench shall be afforded both schools. If only one team has "field phones", neither team shall be permitted to use them. The "field phones" shall be of equal length.
3. Standard enclosed field with lights and minimum seating capacity of 1000. Facilities shall be police patrolled for games. Effective September, 1969.

PROGRAM INFORMATION

The visiting team shall supply the home team program information at least two weeks before the first league game. Information should include the following:

Players name, number, height, weight, age
position, letters won, year in school
The coaching staff and athletic director
The principal and superintendent
The band director
The cheerleaders and their sponsor
Pictures when requested if available

RESERVE FOOTBALL LEAGUE

The reserve league shall be governed by the same rules as the varsity league.

CHAMPIONSHIP (Point System)

The method used to determine the league champions shall be as follows:

Two points for a win
One point for a tie

CRITERIA FOR FOOTBALL ALL-STAR SELECTION

1. Nominating ballots will be sent out by the Executive Secretary one week prior to the last league game. The nominating ballots are to be returned to the league office by Thursday following the last league game.

2. There shall be a meeting of all head coaches on Tuesday evening following the last league game. The meeting will start at 7:30 p.m. and be for the purpose of discussing each head coach's nominations for the All-Star team.

3. All athletes nominated will be compiled into a booklet by position and sent to each varsity head football coach by Monday following the tenth week of football games.

4. A voting ballot will also be sent to each varsity head football coach and he shall vote for the following positions using names from the nomination booklet. A coach may vote for any player from his own team. All positions must be filled in.

Offensive Team

One each:	Split-end, tight end
Two each:	Tackles and guards
One each:	Center and Quarterback
Three each:	Running Backs
One:	Place Kicker

Defensive Team

Two each:	Ends and Tackles
One each:	Middleguard
Four each:	Linebackers
Three each:	Deep Backs
One:	Punter

5. The player or players receiving the highest number of votes at the above positions will constitute the All-Star team.

6. Any player receiving two votes and not making the All-Star team will be listed as honorable mention. The coach can also place a member from their own team on honorable mention at the time that they vote.

7. Each voting ballot will be signed by the head coach and returned immediately to the Executive Secretary for tabulation and release to the news media and each head coach.

8. The voting ballots will remain on file in the league office.

9. Each division will have their own All-Star team.

Procedure to follow if grounds are too wet to play varsity football games on Friday night. (League games only).

1. Since the principal is responsible to their Superintendent and Board of Education concerning school facilities, they have the final decision as to whether or not playing a game on their athletic field would cause very extensive damage.

2. The game may be rescheduled for the next day (Saturday) at the same time.

3. If the same situation prevails as on Friday evening and the principal still feels the grounds are too wet, the game will then move to the following Monday evening with the game time being 7:00 p. m.

   It is hoped that great care is taken before the principal exercises this prerogative and that such a decision is made as early as possible.

GOLF REGULATIONS

1. All matches should be played during the week for which they are scheduled.

2. Any changes from the dates for which matches are scheduled should be to a different day of the same week. In some cases this is necessary to facilitate use of home courses and because of previous commitments. However, changes should be made well in advance of the opening of the season. At least four weeks in advance of the opening match.

3. If such schedule changes are not made by 4 weeks before the opening match, then the other coaches are to assume that the matches are to be played as originally scheduled.

4. Matches must be started by at least 3:30 whenever possible. Off the tee and out of sight by 3:30 (Public courses).

5. If a team cannot arrive and be ready to begin a match by 3:30, it is the responsibility of the coach of this team to inform the opposing coach as far in advance as possible. If a coach anticipates the possibility of being late because of distance of travel or for some similar reason, they should inform the opposing coach at least one week in advance. This is important because use of some golf courses require tee-off by a certain time because of commitments to leagues, etc.

6. Matches are to consist of 9 holes.

7. Each team shall consist of 5 players. Best 4 scores count. If a team only has 4 players, all 4 scores must count.

8. Scoring shall be on the basis of the number of strokes.

9. Home team coaches should advise the visiting team of local course regulations as to bringing "extra players", use of carts, etc. at least 5 days prior to the day of the match.

10. Coaches must accompany their players to matches as well as tournaments, and must remain on the course and with the team until the match is completed.

11. Each coach is responsible for the conduct of their players while in attendance at golf matches.

12. In keeping with CHSAA rules for tournaments, the following will be observed for all matches as well:

    a. No caddies are permitted, and any spectators should be informed that they are not to interfere in any way with matches.

    b. No smoking or foul language is permitted during matches or on the premises of the golf course prior to or following any match.

    c. USGA rules should be followed at all times.

    d. Any deviations from USGA rules, such as specific local rules or changes due to unusual course or weather conditions should be clearly understood by both coaches and their players before the start of the match.

    e. Participants will be disqualified if they ride in an electric cart or any type of vehicle or if any person assists the participant by caddying. Player must pull own golf cart.

    f. All putts must be holed out. No conceding; failure to do so will disqualify the player.

13. Any violations of rules should be reported to both coaches at the time of occurrence.

14. Players must be reminded that at all times they are guests of the golf course on which they are playing, and should conduct themselves accordingly. In particular, they should do everything possible to speed up play without rushing their games, and should give every consideration to regular "paying" customers. Any unfair treatment of the athletes, however, should be reported to the home coach and to the course manager.

15. Any questions concerning violations of the above rules should be reported to the league office.

16. Coach of the winning team should call the results to the Enquirer (721-2700) or the Post-Times Star (352-2767) whichever they prefer. The league office should also be informed so as to be able to tabulate league standings.

17. Coaches should see to it that their players are informed of all league rules as well as USGA rules.

18. In keeping with the spirit of golf, violations of any of the rules should be reported by the players themselves to their opponents, and coaches aware of violations of their own players should report them immediately to the opposing coach.

CRITERIA FOR GOLF ALL-STAR SELECTION

1. Nominating ballots will be sent out by the Executive Secretary one week prior to the last league match. Each head coach will nominate players from their own team and return the nominating ballot to the league office by Wednesday following the last league match.

2. All athletes nominated will be compiled into a booklet and sent to each varsity head golf coach.

3. A voting ballot will also be sent to each head coach and they will vote for five (5) players using names from the nominating booklet. A coach may vote for any players from their own team. All five (5) positions must be filled in.

4. The players receiving the highest number of votes will constitute the All-Star team.

5. Any player receiving two (2) votes and not making the All-Star team will be listed as honorable mention.

6. A separate ballot will be for the purpose of voting for the Coach of the Year.

7. Each voting ballot will be signed by the head coach and returned immediately to the league office for tabulation and release to the news media and each head coach.

8. The voting ballots will remain on file in the league office.

9. Each division will have their own All-Star team.

GYMNASTICS REGULATIONS

Rules and regulations of the CHSAA and the Code of Points for Women's Gymnastics as published by the U.S.G.F. will be used for all matches.

STARTING DATE

There shall be no organized or formal gymnastics practice other than that allowed under the OHSAA rules (Second Friday in October).

EQUIPMENT

As specified in the FIG Code of Points. High School girls gymnastics will use regulation equipment:

Mats:	$1\frac{1}{4}$" around all equipment Landing mats up to 4 3/4" for a maximum of 6" for landing. Take-off board may not be placed on the landing mat.
Vault:	1.2 meters in height
Balance Beam:	Measure from end of top of beam to floor - 1.2 meters. Length 5 meters Acceptable beams - padded or wood
Uneven Bars:	Measure from one end of top of rail to floor - - height of high bar 2.3 meters and can be adjusted up or down one or two notches. Height of low bar 1.5 meters and may not be lowered but may be raised one or two notches. Maximum distance between the bars - 86 cm.
Floor Ex.:	12 x 12 meters

VISITING TEAM ACCOMMCDATIONS

1. The home team shall furnish a responsible person to meet the visiting team and direct them to their facilities.
2. The home team shall furnish adequate dressing facilities.
3. At least 15 seats shall be reserved for members of the visiting team.

MEET PROCEDURES

1. Competition will be at the beginner, intermediate, and advanced level using compulsory routines only.
2. Each school shall be limited to 5 entries per event. (regardless of level of competition)

3. Scoring: Incentive points will apply to team scoring only as follows:

   If the scores are one of the top three scores constituting the team total

   .5 point for intermediate routines

   1 point for advanced routines

4. Protests involving an individual's score shall be handled as provided for in the U.S.G.F. rules.
5. Order of Events
   1. Vault - host school first - alternating schools thereafter.
   2. Bars - visiting school first - alternating schools thereafter.
   3. Beam - host school first - alternating schools thereafter.
   4. Floor Ex. - visiting school first - alternating schools thereafter.

SCORING TABLE

1. The visiting team shall be permitted at least one person at the official scoring table.
2. It is recommended the official scorer be an adult.

OFFICIALS

1. Officials for all league meets shall be registered by the OHSAA.
2. Two registered officials shall be contracted and hired by the league office.

PRE-MEET WARM-UP

There shall be a 30 minute warm-up period -

First 15 minutes: Host school -- bars and vault
Visiting school -- beam and floor exercise

Second 15 minutes: Host school -- beam and floor exercise
Visiting school -- bars and vault

RESULTS

The winning team is responsible for reporting the results of league meets to the newspapers and to the league office.

Enquirer: 721-2700
Post: 352-2767
HCSAA League Office: 742-2200

FORFEITS - PROTESTS

1. There are no forfeits - postponed meets shall be rescheduled by the two schools involved. If a date cannot be agreed upon by the two schools involved the league office shall re-schedule the meet.
2. There are no protests permitted.

CRITERIA FOR GIRLS GYMNASTICS ALL-STAR SELECTION

1. Nominating ballots will be sent out by the Assistant Executive Secretary one week prior to the last league meet. Each head coach will nominate gymnasts from their own team and return the nominating ballot to the league office by Wednesday following the last league match.

2. All gymnasts nominated will be compiled into a booklet and sent to each head gymnastics coach.

3. A voting ballot will also be sent to each head coach and they will vote for ten (10) gymnasts using names from the nominating booklet. A coach may vote for any gymnast from their own team. All ten (10) positions must be filled in.

4. The gymnasts receiving the highest number of votes will constitute the All-Star team.

5. Any gymnast receiving two (2) votes and not making the All-Star team will be listed as honorable mention.

6. A separate ballot will be for the purpose of voting for the Coach of the Year.

7. Each voting ballot will be signed by the head coach and returned immediately to the league office for tabulation and release to the news media and each head coach.

8. The voting ballots will remain on file in the league office.

SCCCER REGULATIONS

Rules and regulations of the OHSAA and the National Federation shall be used for all matches.

OFFICIALS

All soccer matches shall be officiated by officials registered by the OHIO HIGH SCHOCL ATHLETIC ASSOCIATION.

GAME UNIFORMS

Each varsity team shall wear light or white shirts at home and dark shirts while visiting.

GAME BALL

A black and white thirty-two (32) panel, laminated, waterproof ball shall be used.

FIELD FACILITIES

1. All fields shall be marked in accordance with the soccer requirements. It is recommended that a different color (ex. yellow paint) be used to distinguish from the football field markings.
2. On one side of the field there shall be designated areas for each team's bench and substitutes separated by an area for the scorers' and timers' table.
3. The timers and scorers shall be seated at a table located about 5 yards from the touch line and at midfield, unless the scoreboard and press box is used. If the scoreboard is used, an air horn will be used at the midfield line for the purpose of sending in substitutes.

CHAMPIONSHIPS (Point System)

1. The method used to determine the league champions shall be as follows:

   Two points for a win
   One point for a tie
2. The league will not play off ties in league soccer matches.
3. League champion shall be determined by a league schedule.

SOCCER HELPERS (Girl Workers)

1. If the soccer helpers are not actively participating in the conduct of the operation of the match, they must be in the stands or bleachers.
2. The visiting school may bring uniformed soccerettes to a league match free of charge.

BANDS

1. The home team shall be permitted a "pep band". There shall be no playing except during intermission periods.

2. The visitors and others, excluding the "pep band", shall bring no musical instruments, noise makers, bells, whistles, horns, confetti or megaphones to the contest.

3. No performing bands on the field at half-time.

CRITERIA FOR SOCCER ALL-STAR SELECTION

1. Nominating ballots will be sent out by the Executive Secretary one week prior to the last league match. Each head coach will nominate players from their own team and return the nominating ballot to the league office by Wednesday following the last league match.

2. All athletes nominated will be compiled into a booklet and sent to each varsity head soccer coach.

3. A voting ballot will also be sent to each varsity head soccer coach and they will vote for eleven (11) all-stars using names from the nominating booklet. A coach may vote for any player from their own team. All eleven (11) positions must be filled in. (If only one division, the number selected to the team shall be 22).

   (Four forwards, three halfbacks,
   three fullbacks and one goalkeeper)

4. The players receiving the highest number of votes at the above positions will constitute the All-Star team.

5. Any player receiving two (2) votes and not making the All-Star team will be listed as honorable mention.

6. Each voting ballot will be signed by the head coach and returned immediately to the league office for tabulation and release to the news media and each head coach.

7. A separate ballot will be for the purpose of voting for the Coach of the Year.

8. The voting ballots will remain on file in the league office.

SOFTBALL REGULATIONS

OFFICIALS

1. One umpire shall be used for all league varsity games.

2. Umpires will be assigned by the Assistant Executive Secretary in cooperation with the Queen City Umpires' Association in accordance with the league schedule.

SCHEDULED GAMES

The home team shall notify the Assistant Executive Secretary in regard to postponed games, change in schedule, starting time, etc.

PREGAME PREP

Adequate warm-up shall be permitted visiting team. Any team arriving late will be permitted 10 minutes infield drill after loosening up.

EQUIPMENT

It is recommended the Dudley (SB121ND) or its equivalent be used for league play.

RULES

Official rules of the National Federation and the OHSAA will be used for all games.

RESERVE TEAMS

No senior shall participate in reserve competition.

RESULTS

The winning team is responsible for reporting results of the league contests to the newspapers and to the league office:

Enquirer	721-2700
Post	352-2767
HCSAA	742-2200

CRITERIA FOR SOFTBALL ALL-STAR SELECTION

1. Nominating ballots will be sent out by the Assistant Executive Secretary one week prior to the last regularly scheduled league game. Each head coach will nominate players from their own team and return the nominating ballot to the league office.

2. All athletes nominated will be compiled into a booklet and sent to each varsity head softball coach.

3. A voting ballot will also be sent to each varsity head softball coach and they will vote for ten (10) players using names from the nominating booklet. A coach may vote for any players including from their own team. All ten (10) positions must be filled in.

   (Four infielders, four outfielders,
   one catcher, one pitcher)

4. The players receiving the highest number of votes at the above positions will constitute the All-Star team.

5. Any player receiving two (2) votes and not making the All-Star team will be listed as honorable mention.

6. A separate ballot will be for the purpose of voting for the Coach of the Year.

7. Each voting ballot will be signed by the head softball coach and returned immediately to the league office for tabulation and release to the news media and each head softball coach.

8. The voting ballots will remain on file in the league office.

9. Each division will have their own All-Star team.

SWIMMING REGULATIONS

1. National Federation Swimming and Diving Rules will govern all swim meets.

2. Starting dates for practice and meets will be as dictated by the OHSAA.

3. League championship to be decided by a championship meet.

4. A team shall be defined as the number of athletes entered to be eligible for team points in the state meet. (Seven athletes constitutes a team)

TENNIS REGULATIONS

1. A match consists of three singles and two doubles playing the best of three sets.

2. No player will be permitted to take part in both singles and doubles. They must restrict themselves to one or the other during any one match.

3. The home coach will decide if weather conditions demand postponement. Match should begin at 4:00.

4. Ten new balls are needed for a match and the designated home team will furnish the balls.

5. The winning team is responsible for calling in the scores to the press immediately after the match. Notify the league office the next working day after the match.

6. The league championship will be decided by the team having the best league record.

7. Matches will be governed by the standard rules of the USTA. It is the coaches responsibility to know these rules.

8. Match location and/or date change may be changed by mutual agreement and approval of the Executive Secretary and/or Assistant Executive Secretary.

9. Warm-up time, including practice serves, shall be limited to a maximum of ten (10) minutes.

10. Athletes will not be permitted to play unless they wear a uniform top.

11. All cases of profanity from the players or coaches will be reported to the league office the following working day after the match.

CRITERIA FOR TENNIS ALL-STAR SELECTION

1. Nominating ballots will be sent out by the Executive Secretary one week prior to the last league match. Each head coach will nominate players from their own team and return the nominating ballot to the league office by Wednesday following the last league match.

2. All athletes nominated will be compiled into a booklet and sent to each varsity head tennis coach.

3. A voting ballot will also be sent to each varsity head tennis coach and they will vote for seven (7) players using names from the nominating booklet. A coach may vote for any players from their own team. All seven (7) positions must be filled in.

4. The players receiving the highest number of votes at the above positions will constitute the All-Star team.

5. Any player receiving two (2) votes and not making the All-Star team will be listed as honorable mention.

6. A separate ballot will be for the purpose of voting for the Coach of the Year.

7. Each voting ballot will be signed by the head coach and returned immediately to the league office for tabulation and release to the news media and each head tennis coach.

8. The voting ballots will remain on file in the league office.

9. Each division will have their own All-Star team.

TRACK AND FIELD REGULATIONS

N.F.A.A. RULES

The rules of the National Federation Athletic Association shall govern all track meets, except when they conflict with state or league rules.

PARTICIPATION

There shall be one senior high team. A school may enter two (best) athletes in each individual event in league meets. In the relays, a check mark on the entry sheet will enter a school team. No one shall participate in more than four events. The eligibility list shall be used for the purpose of substitutions. "Open Substitution" will be in effect in the league as long as it is not abused by the coaches.

TRACK AND FIELD RESTRICTIONS

1. All competitors must remain in the concentration area except when actually competing. Track coaches are responsible for the observance of this rule by their own athletes.

2. Jerseys shall be worn by all competitors at all times.

3. Carefully read Rule 5, Section 1, Article 4 of the National Federation Track and Field Rule Book.

VOLLEYBALL REGULATIONS

Rules and regulations of the OHSAA and the volleyball rulebook as published by the National Federation will be used for all matches.

CFFICIALS

Cfficials for all varsity matches shall be registered by the OHSAA. Mandatory two officials - referee and umpire. (Assigned by league office)

STARTING DATE

There shall be no organized or formal volleyball practice for a team other than that allowed under the OHSAA rules. (Two (2) weeks prior to school in session).

GAME UNIFORM

Uniforms shall be adhered to as specified in the National Federation Volleyball rulebook.

1. Players shall wear identically colored uniforms.
2. Players shall be identified by permanent numbers on the front and back of the shirt and there shall be no duplication of numbering on a team.

GAME BALL

The game ball shall be provided by the host school. The official game ball used in all varsity games shall be one of the volleyballs which appear on the approved list as published in the National Federation rulebook.

If the host school cannot provide one of the volleyballs included on the approved list but the visiting school can, then the visiting team ball shall be used. If neither school has an 'approved' volleyball then the host school shall provide one of the volleyballs included on the 'sanctioned' list.

VISITING TEAM ACCOMMCDATIONS

1. The home team shall furnish adequate dressing facilities which can be locked and controlled by the visiting team.
2. The home team shall furnish a responsible person to meet the visiting team and direct them to their facilities.
3. At least 15 seats, for the varsity game, shall be reserved for members of the visiting reserve team.

TIME INTERVALS

1. Reserve match shall be played first.
2. Time intervals as specified in the rulebook shall be adhered to.
3. A 15 minute time period shall be allowed for warm-up. Procedure to follow:
    a. Facilities with two nets available for warm-up
        1. The visiting team shall be allowed the first 7 minutes of the warm-up time period at the official game net.
        2. The home team shall be allowed the last 7 minutes of the warm-up time period at the official game net.

    b. Facilities which have only one net set-up -
        1. The first 7 minutes of warm-up time shall be designated as net play warm-up. At which time each team shall be allowed one half of the net with which to complete their warm-up.
        2. The second 7 minutes shall be designated as serving practice time with each team on either side of the net.
4. Serving, bumps, chest passes, etc. by either school is prohibited during intermission periods unless the players involved are participants of the game that is scheduled to be played at that time, i.e. the varsity may practice only before and between games of the varsity match.
5. There shall be a fifteen minute period between reserve and varsity games. A visible clock (i.e. basketball scoreboard clock) shall be running during this time so that both teams may better plan their warm-ups. A visible scoreboard easily seen by all (i.e. basketball scoreboard) shall be used.

FACILITIES

Court and net specifications shall be as provided for in the National Federation rulebook.

SCORING TABLE

1. The visiting team shall be permitted at least one person at the official scoring table.
2. The official scorer shall be dressed in an identifiable shirt. It is highly recommended that the official scorer shall be a knowledgeable adult scorekeeper.
3. It is recommended a second person be designated as the official time-keeper and also serve in the capacity to assist the official scorekeeper.

CTHER OFFICIALS: LINES JUDGES

1. The host school shall provide two lines judges for the varsity match.

RESERVE TEAMS

1. Players may participate on one team only (i.e. varsity or reserve in any one contest.)
2. Reserve matches shall precede the varsity match.

CHAMPICNSHIPS (Point System)

The method used to determine the league division champions shall be as follows:

Two points for a win

Any questions concerning violations of the above rules shall be reported to the Assistant Executive Secretary.

Coach of the winning team shall call the results to the Enquirer (721-2700) and/or the Post-Time Star (352-2767). The Assistant Executive Secretary shall also be informed so as to be able to tabulate league standings.

CRITERIA FOR VOLLEYBALL ALL-STAR SELECTION

1. Nominating ballots will be sent out by the Assistant Executive Secretary one week prior to the last league game. Each head coach will nominate players from their own team and return the nominating ballots to the league office by Wednesday following the last league game.

2. All athletes nominated will be compiled into a booklet and sent to each varsity head volleyball coach by Monday following the receipt of the nominating ballots.

3. A voting ballot will also be sent to each varsity head volleyball coach and they will vote for twelve (12) all-stars using names from the nomination booklet. A coach may vote for any players from their own team. All twelve (12) positions must be filled in.

4. The players receiving the highest number of votes will constitute the All-Star team.

5. Any player receiving two (2) votes and not making the All-Star team will be listed as honorable mention.

6. The honorary captain will be the top senior vote getter.

7. A separate ballot will be for the purpose of voting for the Coach of the Year.

8. Each voting ballot will be signed by the head volleyball coach and returned immediately to the Assistant Executive Secretary for tabulation and release to the news media and each head volleyball coach.

9. The voting ballots will remain on file in the league office.

10. Each division will have their own All-Star team.

WRESTLING REGULATIONS

1. Championship to be determined by a two day tournament.

2. Tournament procedure to be same as OHSAA rules.
   a. Seeding
   b. Officiating
   c. Uniforms, etc.

3. Date and site of the tournament to be set by the Executive Secretary.

4. Weight classification rules the same as those set up by the OHSAA.

5. League members are free to establish their own dual or triangle match schedules.

6. Rules governing all matches will be those adopted by the OHSAA.

JUNICR HIGH SCHCCL DIVISICN (Grades 7, 8, 9) REGULATIONS

1. All HCSAA Junior High Schools must belong to the CHSAA Junior Division.

2. No team championships are to be recognized in grades 7, 8, 9.

3. There shall be no league sponsored tournaments or playoff games for basketball.

4. All ninth grade athletes become ineligible for interscholastic competition on and after their sixteenth birthday if attained before September 1.

5. All eighth grade athletes become ineligible for interscholastic competition on and after their fifteenth birthday if attained before September 1.

6. All seventh grade athletes become ineligible for interscholastic competition on and after their fourteenth birthday if attained before September 1.

7. Eligibility list must be exchanged prior to game or meet.

8. All junior high school principals should make certain that athletic directors and coaches are familiar with the Junior High School Division of the OHSAA Constitution and Rules Handbook.

JUNIOR HIGH BOYS BASKETBALL REGULATIONS

All HCSAA basketball games shall be officiated by two officials registered by the Ohio High School Athletic Association.

GAME UNIFORMS

The home team shall wear light jerseys and the visiting team shall wear dark jerseys. Both teams shall be numbered in accordance with Federation rules.

BALL

The game ball shall be an official "last built", brown or orange in color and have narrow seams. The home team shall furnish the game ball.

VISITING TEAM

The home team shall furnish adequate dressing facilities which can be locked and controlled by the visiting team. Chalk and chalkboard shall be made available to the visitors. The home team shall furnish a responsible person to meet the visiting team and direct them to their facilities.

SEATING

At least 15 seats be reserved for the visiting team.

TIME INTERVALS

Shooting and other practicing by either school is prohibited during intermission periods except by actual team members.

1. Time limit between 7th & 8th grade games; Ten (10) minutes.
2. Half-time of 7th & 8th grade games - Five (5) minutes - when they are part of a "double-header".

SCORING TABLE

The visiting team shall be permitted at least one person at the official scoring table. This person may sit next to the official timer if desired. The official scorer shall be dressed in an identifiable shirt. At least one adult be at the scoring table either as a timer or scorer to oversee the total operation of the scoring table.

TICKETS

All tickets shall be sold at the "gate". The recommended maximum prices are 25¢ for children and students with I.D., and 50¢ for adults and students without I.D. The price of admission, if any, shall be indicated in the proper space on the official OHSAA eligibility certificate. Notification should be made three (3) days prior to game to the athletic director of the visiting school.

STARTING DATE

There shall be no organized or formal basketball practice for a team or part of a team prior to the last Friday in October and ending with the date of the State High School Championship Basketball Tournament each year.

POSTPONED GAMES

Postponed games shall be scheduled by the Executive Secretary when a satisfactory date cannot be agreed upon by teams involved, and in all cases of postponed games involving officials, arrangements must be made with the Executive Secretary.

FRESHMAN TEAMS

Length of quarters shall be six minutes. A boy may not participate in the freshman league after he has played on a varsity or reserve team. There shall be no league sponsored tournaments or play-off games in the Junior High Division.

SEVENTH AND EIGHTH TEAMS

It is recommended that junior high schools have separate teams for grades 7 and 8. In schools where, because of size or other reasons, there is but one team, composed of 7th and 8th grade boys, it shall be considered an 8th grade team for purpose of scheduling. Such teams shall not compete with teams composed entirely of 7th grade boys. Length of quarters shall be six minutes for 8th grade and five minutes for 7th grade. A boy cannot participate on both the 7th grade team and the 8th grade team on the same day.

JUNICR HIGH GIRLS BASKETBALL REGULATIONS

GAME UNIFORMS

The home team shall wear light colored uniforms and the visiting team shall wear dark uniforms. If this rule cannot be accomodated, then the home team shall wear a pinnie if necessary inorder to distinguish between the two teams.

GAME BALL

Shall be furnished by the home team.

VISITING TEAM

The home team shall furnish adequate dressing facilities which can be locked and controlled by the visiting team. Chalk and chalkboard shall be made available to the visitors. The home team shall furnish a responsible person to meet the visiting team and direct them to their facilities.

TIME INTERVALS

Shooting and other practicing by either school is prohibited during intermission periods except by actual team members.

1. 6 minute quarters
2. Time limit between 7/8 grade and 9th grade game - 10 min.
3. Half-time of 7/8 grade and 9th grade game when they are part of a 'double-header' - 5 min.

SCCRING TABLE

The visiting team shall be permitted at least one person at the official scoring table. At least one adult should be at the scoring table either as a timer or scorer to oversee the total operation.

STARTING DATE

Practice, including conditicning, may begin the first day school resumes following the Christmas holiday break.

POSTPONED GAMES

Postponed games shall be scheduled by the Assistant Executive Secretary when a satisfactory date cannot be agreed upon by the teams involved. In all cases of postponed games involving officials the home school shall be responsible for making arrangements with the Assistant Executive Secretary.

JUNICR HIGH SCHOCL FOCTBALL REGULATICNS

GAME JERSEYS

The home team will arrange with the visiting team at least three (3) days before the game the color of jerseys to be wcrn. In any case of dispute, the home team shall change.

GAME BALL

Home team shall furnish the game ball. Ball is to be Jr. High size ball.

VISITING TEAM ACCOMMCDATIONS

Home team shall supply the visiting team with adequate locker room facilities.

FIELD FACILITIES

Field shall be a standard field with official markings as used for varsity games.

ELIGIBILITY

Eligibility is governed by the rules of the CHSAA. Eligibility list must be exchanged before game time.

GAME ARRANGEMENTS

League schedules are legal contracts and all scheduled games will be played unless cancelled or postponed under the following conditions:

1. Approval from league office.
2. Approval with both schools involved.
3. Approval of contracted officials.

OFFICIALS

There shall be three (3) registered officials assigned by the league office.

EQUIPMENT

The footwear worn by participants in 7th and 8th grade games must either be gym shoes or soccer type shoes. The cleats must be either rubber or plastic molded onto the sole.

QUARTERS

Length of quarters shall be 8 minutes kept time or 15 minutes running time.

GENERAL

Unless previously stated or otherwise specified, rules of the OHSAA, Junior High Section, will apply.

JUNIOR HIGH SCHOOL TRACK REGULATIONS

1. Separate events for grades 7, 8 and 9 in the league meet.

2. Individual ribbons awarded as per award system.

3. Age eligibility:
   a. A ninth grade athlete who reaches their sixteenth birthday on or after September 1, is eligible for that track season.
   b. An eighth grade athlete who reaches their fifteenth birthday on or after September 1, is eligible for that track season.
   c. A seventh grade athlete who reaches their fourteenth birthday on or after September 1, is eligible for that track season.

4. Order of events and listing of participating schools to be made known prior to track season.

5. CHSAA rules and recommendations apply.

JUNICR HIGH SCHOCL WRESTLING REGULATIONS

RULES

1. Eligibility rules will be followed as stated in the CHSAA Constitution and Rules.

2. The National Federation Wrestling Rules Book shall be followed.

Weight Classes for league meet: CHSAA Approved

Read November "Athlete" for regulations for Junior High Wrestling Programs.

JUNIOR HIGH VOLLEYBALL REGULATIONS

VOLLEYBALL REGULATIONS

Rules and regulations of the OHSAA and the volleyball rulebook as published by the National Federation will be used for all matches.

GAME UNIFORM

All players on a team shall wear identically colored uniforms. Players shall be identified by permanent numbers on the front and back of the shirt and there shall be no duplication of numbering on a team.

GAME BALL

Shall be furnished by the home team.

VISITING TEAM

The home team shall furnish a responsible person to meet the visiting team and direct them to their facilities.

The home team shall furnish adequate dressing facilities which can be locked and controlled by the visiting team.

TIME INTERVALS

1. Time intervals as specified in the rulebook shall be adhered to.

2. A 15 minute time period shall be allowed for warm-up. Procedure to follow:
    a. Facilities with two nets available for warm-up -
        1. The visiting team shall be allowed the first 7 minutes of the warm-up time period at the official game net.
        2. The home team shall be allowed the last 7 minutes of the warm-up time period at the official game net.
    b. Facilities which have only one net set-up -
        1. The first 7 minutes of the warm-up time shall be designated as net play warm-up. At which time each team shall be allowed one half of the net with which to complete their warm-up.
        2. The second 7 minutes shall be designated as serving practice time with each team on either side of the net.

3. Serving, bumps, chest passes, etc. by either school is prohibited during intermission periods unless the players involved are participants of the game that is scheduled to be played at that time.

4. There shall be a 15 minute warm-up period between the 7/8th grade match and the 9th grade match. A visible clock (i.e. recommended basketball scoreboard clock) shall be running during this time so that both teams may better plan their warm-up.

FACILITIES

1. Court and net specifications shall be as provided for in the National Federation Rulebook.
2. A visible scoreboard easily seen by all shall be used (i.e. recommended basketball scoreboard).

SCORING TABLE

1. The visiting team shall be permitted at least one person at the official scoring table.
2. The official scorer shall be dressed in an identifiable shirt. It is highly recommended that the official scorer be a knowledgeable adult scorekeeper.
3. It is recommended a second person be designated as the official time keeper and also serve in the capacity to assist the official scorekeeper.

OTHER OFFICIALS - LINE JUDGES

The host school shall provide the line judges.
1. Recommended two adult line judges OR
2. Four non-player student line judges.

STARTING DATE

Practice, including conditioning may begin after school opens and students are in attendance.

PARTICIPATION LIMITATION

A student shall not participate in more than one interscholastic contest on any one day.

MATCH

A match shall be as defined in the National Federation Volleyball Rulebook. Seventh/eighth grade matches shall precede the ninth grade match.

POSTPONED CONTESTS

In all cases of postponed matches involving officials the home school shall be responsible for making arrangements for the rescheduled contest with the approval of the Assistant Executive Secretary.

GRANTING ATHLETIC AWARDS

Trophies

A trophy will be awarded by the league for the winner or winners in each sponsored sport.

No junior high school team trophies are to be awarded.

Individual Awards

BASEBALL
Arm patch for each boy named on the All-Star Team. Not to exceed 13 per division.

BASKETBALL
Arm patch for each athlete named on the All-Star First Team. Not to exceed 10 per division.

CROSS-COUNTRY (Per Division)
Varsity:
Gold medal to each athlete finishing in first five
Silver medal to each athlete finishing six through ten

Reserve:
Blue ribbon to each athlete finishing in first five
Red ribbon to each athlete finishing six through ten

FOOTBALL
Arm patch for each boy named on the All-Star First Team. Not to exceed 25 per division.

GOLF
Arm patch for each athlete named on the All-Star First Team. Not to exceed 5 per division.

GYMNASTICS
Arm patch for each girl named on the All-Star First Team. Not to exceed 10.

SOCCER
Arm patch for each boy named on the All-Star First Team. Not to exceed 22, or 11 per division.

SOFTBALL
Arm patch for each girl named on the All-Star First Team. Not to exceed 10 per division.

SWIMMING
Medals - First and second places

TENNIS
Arm patch for each athlete named on the All-Star First Team. Not to exceed 7 per division.

TRACK AND FIELD (Per Division)
Varsity:
Medals - First three places; high point winner
Ribbons - Fourth, fifth and sixth places

Reserve:
Ribbons - First six places

Junior High:
Ribbons - First six places

VOLLEYBALL
Arm patch for each girl named on the All-Star First Team. Not to exceed 12 per division.

WRESTLING (Per Division)
Medals - First three places in each weight division
Ribbons - Fourth place in each weight division